




49TH LEAF FESTIVAL STAGE SCHEDULE

Reach for the stars

FRIDAY, OCTOBER 18TH

LAKESIDE	EDEN HALL	THE BARN
OPENING CEREMONY @ 4PM: PAUL BEAUBRUN, BWAGRI, MASANKHO BANDA, GERI LITTLEJOHN & EHREN CRUZ @ LAKESIDE STAGE		
MAKING MOVIES <i>Latinx Alternative Roots Rock</i> 4:30 - 5:30pm	AVL TUESDAY NIGHT FUNK JAM <i>100% Pure Asheville Funk</i> 5:15 - 6:30pm	HEATHER TAYLOR <i>Soulful Appalachian Folk</i> 5:30 - 6:30pm
NATTALI RIZE <i>World Beat Reggae Dub</i> 6 - 7:15pm	MAKING MOVIES W/ LEAF SCHOOLS & STREETS <i>Latinx Alternative Roots Rock</i> 7:15 - 8:30pm	THE CAMPFIRE REVERENDS <i>Acoustic American Folk Rock</i> 7 - 8:30pm
STUDIO ZAHYA DANCE 7:17 - 7:24pm	8TH ANNUAL WHAM BAM PUPPETRY SLAM! <i>Hosted by Toy Box Theater</i> 9 - 10:45pm	SCOTT MULVAHILL <i>Upright Bass Iconic Songwriter</i> 9 - 10:15pm
LUMINARY CEREMONY 7:30pm (waterfront)	NATTALI RIZE <i>World Beat Reggae Dub</i> 11:30pm - 12:45am	JONATHAN SCALES FOURCHESTRA <i>Steel Pan Virtuoso</i> 10:45pm - 12am
NIYAZ FEAT. AZAM ALI <i>Electroacoustic Middle Eastern</i> 8:10 - 9:30pm	NEX MILLEN <i>Hip-Hop, Funk & Soul Dance Party</i> 12:45 - 1:30am	 MOSAIC COMMUNITY LIFESTYLE REALTY
UNIFIRE THEATER <i>Fire Performance</i> 9:35 - 9:45pm	POLYRHYTHMICS <i>FUNK w/a side of Afrobeat</i> 1:30 - 2:45am	
CORY HENRY & THE FUNK APOSTLES <i>Hammond B3 Soul Sensation</i> 10:30pm - 12am		JAG S. associates CONSTRUCTION

Thursday Celebrates LEAF Members!

THURSDAY, OCTOBER 17TH

Big LEAFy Gratitude to Members

for contributing to cultural arts education locally & globally. We look forward to celebrating with you all weekend. Learn more about LEAF MemberSHIP and Festival Member happenings at the Global Outpost Village.



WELCOME DRUM CIRCLE w/ Darrell Rose & Larry McDowell

Meet at Eden Hall Porch
6:30pm

HEATHER TAYLOR

Soulful Appalachian Folk
7:45 - 9pm @ Eden Hall

AVL TUESDAY NIGHT FUNK JAM

100% Pure Asheville Funk
9:30 - 11pm @ Eden Hall

BROOKSIDE



TOSS THE POSSOM

CALLER: ABIGAIL HOBART
Contra (30 min walkthrough)
5 - 7pm

LILIANA CASTRO

Swing Dance Workshop
7:30 - 8:30pm

SWING STEP

Live Swing Dance Celebration
8:30 - 9:45pm

DRIVE TRAIN

CALLER: BETH MOLARO
Contra
10:15pm - 12am

BEATS & TEA

CALLER: ABIGAIL HOBART
Techno Contra
12:15 - 2:15am

JAM TAVERN

Curated By:

French Broad Valley Music Association

RAY ADAMS & TIM GARDNER

Mountain Music Jam
4:45-6:15pm

DARRELL ROSE

West African Drum Jam
Bring your Drum! Welcome All!
6:45 - 8:15pm

CAROL RIFKIN & JOHN MITCHELL (FBVMA)

Mountain Music Jam
8:30 - 10pm

BANJO MITCH

Mountain Music Jam
10:15 - 11:45pm

SUNSHINE STAGE

Prestige



BEPPE'S ELEPHANT

Circus Variety Show
5 - 6pm

OSO

Kid Hop Dance Party
6:15 - 7pm

MINØR

AMS Rock Band
7:15 - 8:15pm

SCREAMING J'S ART V BOOGIE

Boogie Ragtime & Boogie
Woogie Jams
All weekend!

COMMUNITY TRIBAL DRUM

[under 18 must be w/parent]
10:30pm onward!

PERFORMING ARTS SCHEDULE

LAKESIDE

**LEAF INTERNATIONAL
COSTA RICA**
W/ LEAF SCHOOLS & STREETS
10 - 10:30am

THE OSHIMA BROTHERS
W/ LEAF SCHOOLS & STREETS
Indie Acoustic Pop
11am - 12:15pm

POLYRRHYTHMICS
FUNK w/a side of Afrobeat
12:45 - 2pm

BRANDON TAZ NIEDERAUER
Psychedelic Blues Rock Rising Star
2:30 - 3:30pm

HUUN HUUR TU
Tuvan Throat Singers
4 - 5:15pm

SOUTHERN AVENUE
Memphis Blues & Soul
6 - 7:15pm

LA SANTA CECILIA
Latin & PanAmerican World Beat
8 - 9:30pm

**ANGELIQUE KIDJO'S
REMAIN IN LIGHT**
West African Royalty
Talking Heads Reimagining
10:15 - 11:45pm

show your
LEAF Love

Visit LEAF Style for
merch & convenience items.
[Next to Lakeside Main Stage]

EDEN HALL

ROBERT THOMAS
Morning Piano
8 - 9:30am

LEAF CWA BRASS BAND
W/ LEAF SCHOOLS & STREETS
Sam and Kylie Irvin
10 - 10:15am

THE CHANGE
W/ LEAF SCHOOLS & STREETS
Female Funk Empowerment
10:45am - 12pm

SCREAMING J'S
Ragtime Boogie Woogie
12:30 - 1:45pm

SOUTHERN FRIED POETRY SLAM
FEAT: SLAM MASTER JAMES NAVÉ
*Adult Content | 1st Round
[Sign up 1:30pm Eden Hall]
2 - 4pm

LES FILLES DE ILLIGHADAD
Female Tuareg Desert Blues
4:30 - 5:45pm

BRANDON TAZ NIEDERAUER
Psychedelic Blues Rock Rising Star
6:30 - 7:45pm

49TH LEAF
SOUTHERN FRIED POETRY SLAM
FEAT: SLAM MASTER JAMES NAVÉ
Championship Round
*Adult Content
8 - 11pm

SOUTHERN AVENUE
Memphis Blues & Soul
11:45pm - 1am

NEX MILLEN
World Groove Dance Party
1 - 1:45am

PARIS_MONSTER
Garage Pop Vocal Explosion
1:45 - 3am

THE BARN

Presented By:
JAG Green Builders and Mosaic Realty

BLESSING & MEDITATION
W/ URSULA LENTINE
10 - 11am

THEATRE SHOWCASE
W/ LEAF SCHOOLS & STREETS
Skyler Goff
11:15 - 12pm

EMERGENCE SHOWCASE
W/ LEAF SCHOOLS & STREETS
Nex Millen
12:15 - 12:45pm

SANGITA DEVI
Kirtan
1:15 - 2:30pm

PARKER AINSWORTH
Gritty Western Soul Folk
3:15 - 4:30pm

THE OSHIMA BROTHERS
Indie Acoustic Pop
5:15 - 6:30pm

PAUL BEAUBRUN
Haitian Roots Music
7 - 8:15pm

PARIS_MONSTER
Garage Pop Vocal Explosion
9:00 - 10:15pm

HUUN HUUR TU
Tuvan Throat Singers
10:45pm - 12am

support
LEAF'S MISSION
at Global Outpost!

SATURDAY, OCTOBER 19TH

Note: Schedule is not to scale & subject to change

BROOKSIDE

BUTI YOGA
W/CYNITHA SIMS
8:30 - 9:30am

MASANKHO BANDA
Malawi Drum & Dance
9:30 - 10:30am

HIP HOP DANCE SHOWCASE
W/ LEAF SCHOOLS & STREETS
Melvin AC Howell, Ryulee Park,
Otto "Aquaboogy" Vazquez
10:30am - 12pm

CONTRA FAMILY DANCE
W/ PENELOPE WEINBERGER
12:15 - 1pm

DRIVE TRAIN
CALLER: ABIGAIL HOBART
Contra
1:30 - 3:30pm

NATADAS
Ecstatic Dance
(All Ages Welcome)
4 - 5:30pm

TOSS THE POSSOM
CALLER: BETH MOLARO
Contra
6 - 8pm

ZABUMBA
Samba Dance Class & Performance
8:30 - 9:30pm

DRIVE TRAIN
CALLER: ABIGAIL HOBART
Contra
10pm - 12am

BEATS & TEA
CALLER: BETH MOLARO
Techno Contra
12:15 - 2:15am

JAM TAVERN

Curated By:
French Broad Valley Music Association

KARI SICKENBERGER
Singing Workshop
9 - 10:30am

WILLIAM RITTER
Banjo Workshop
11 - 12:30pm

ARTIST TBD
Mountain Music Jam
11:30am - 1pm

IRA BERNSTEIN
Flat Footing Workshop Pt. 1
1:30 - 2:45pm

CAROL RIFKIN & JOHN MITCHELL
(FBVMA)
Mountain Music Jam
3:15 - 4:45pm

BOB & AMY BUCKINGHAM
Mountain Music Jam
5 - 6:30pm

RAY ADAMS & TIM GARDNER
Mountain Music Jam
6:45 - 8:15pm

PARKER AINSWORTH
Gritty Western Soul Folk
8:45 - 10pm

BANJO MITCH
Mountain Music Jam
10:30pm - 12am

SUNSHINE STAGE

Presented By: Prestige Subaru

BLISSED!
Kids Kirtan
9:45 - 10:30am

WORLD PERCUSSION
W/ LEAF SCHOOLS & STREETS
Darrell Rose & Agustin Frederic
10:45am - 11:15am

ASHEVILLE FLYER FOR KIDS
11:15 - 11:45am

BUDO MOUNTAIN
NINJA KIDS CLUB
12:15 - 1pm

TOYBOX THEATER PRESENTS
KIDS PUPPET SHOW
1 - 1:45pm

OSO
Kid Hop Dance Party
2 - 2:45pm

PAUL HELOU
Acoustic Family Americana
4:15 - 5:15pm

KENNY THE CLOWN & FRIENDS
5:30 - 6pm

IMAGINE CIRCUS
6:15 - 7pm

THE CHANGE
Female Funk Empowerment
7:15 - 8:15pm

FIRE PERFORMANCE
By Unifire Theater
9pm at The Waterfront

COMMUNITY TRIBAL DRUM
[under 18 must be w/parent]
10:30pm onward!



PERFORMING ARTS SCHEDULE

LAKESIDE



MASANKHO BANDA
W/ LEAF SCHOOLS & STREETS
10 - 10:30am



LOVERS LEAP
Appalachian Folk Music
11am - 12pm

JONATHAN SCALES FOURCHESTRA
W/ LEAF SCHOOLS & STREETS
Steel Pan Virtuoso
12:30 - 1:45pm



WE BANJO 3
Irish Bluegrass Phenomenons
2:15 - 3:45pm

THE WOOD BROTHERS
Folk Rock Troubadours
4:30 - 6pm

EDEN HALL

ROBERT THOMAS
Morning Piano
8 - 9:30am

THE GOLDEN TRUMPETS
Legacy Gospel Traditions
10 - 11:15am

PAUL BEAUBRUN
W/ LEAF SCHOOLS & STREETS
Haitian Roots Music
11:45am - 1pm



LES FILLES DE ILLIGHADAD
Female Tuareg Desert Blues
1:30 - 2:45pm

LOVERS LEAP
Appalachian Folk Music
3:15 - 4:30pm

LAKESIDE & EDEN HALL CURATED BY SEED

THE BARN

Presented By:
JAG Green Builders and Mosaic Realty

LEAF MEMBER'S CAFE
W/ PAUL BEAUBRUN, DARRELL ROSE,
LEAF INTERNATIONAL COSTA RICA
9:30 - 11am



MASANKHO BANDA
Malawian Storytelling
11:30am - 12:30pm

SWING STEP
Classic Swing Standards
1 - 2:15pm

THE GOLDEN TRUMPETS
Legacy Gospel Traditions
2:45 - 4pm

CLOSING CEREMONY @ 6PM: PAUL BEAUBRUN, BWAGRI, MASANKHO BANDA, GERI LITTLEJOHN & EHREN CRUZ @ LAKESIDE STAGE



Welcome to the
LEAF
FESTIVAL^{49th}

SUNDAY, OCTOBER 20TH

Note: Schedule is not to scale & subject to change

BROOKSIDE

POWER FLOW BEATS
W/ MICHELLE RAMSETH
8:15 - 9:15am

SCOTT BAXLA
Waltz Workshop
9:45 - 10:45am

DRIVE TRAIN
Waltz Dance
10:45am - 12pm

TOSS THE POSSUM
CALLER: ABIGAIL HOBART
Contra
12:30 - 2:30pm

DRIVE TRAIN
CALLER: BETH MOLARO
Contra
3 - 5pm

JAM TAVERN

Curated By:
French Broad Valley Music Association

KARI SICKENBERGER
Singing Workshop
9 - 10:15am

BOB & AMY BUCKINGHAM
Mountain Music Jam
10:45am - 12:15pm

IRA BERNSTEIN
Flat Footing Workshop pt. 2
12:30 - 1:45pm

**WILLIAM RITTER & TIM
MCWILLIAMS**
Mountain Music Jam
2 - 3:30pm

FBVMA
Mountain Music Jam
3:45 - 5pm

SUNSHINE STAGE

Presented By: Prestige Subaru

BLISSED!
Kids Kirtan
10 - 10:45am

BUDO MOUNTAIN
Ninja Kids Club
11 - 11:30am

ASHEVILLE FLYER FOR KIDS
11:30am - 12pm

BEPPE'S ELEPHANT
Circus Variety Show
12 - 12:45pm

**LEAF INTERNATIONAL
COSTA RICA**
1:15 - 2pm

PAUL HELOU
Acoustic Family Americana
2:15 - 3pm

ARTIST TBD
3:30 - 4:30pm



LEAF Schools & Streets Performance



LEAF International Performance

THANKS FOR REACHING FOR THE STARS WITH LEAF!

"Of all the forces in our universe, few things captivate more inspiration, awe and wonder... than the stars. No matter where we stand upon this beautiful Earth, up above is a celestial blanket beckoning our vision to higher possibilities. For the 49th LEAF Festival, the artists selected transcend expectation, defy all convention, and capture the essence of what it means to embrace one's fullest potential. From the shores of Benin, to the mountains of Colorado, to the forests of Ireland, to the city streets of LA... this Fall, over 15 nations will unite at Lake Eden to share a vision of who we are when we release all expectations, dive deep into our creative passions, and Reach for the Stars." ~ Ehren Cruz, LEAF Artistic Director

since 1995...

99
Countries
Represented

504,000
LEAFers
at Festival



EMERGENCE *Bring the Beat!*

Drop in for a music production lesson or enjoy a LEAF Schools & Streets Showcase in mixed media expression, including Stop-Motion Animation shorts by Burton Street community youth!



EASEL RIDER *Get Crafty!*

LEAF year-round mobile art lab pumps its breaks at Lake Eden all weekend for hands on cultural arts crafting all weekend! Stop by and get crafty with us!



Want to bring Easel Rider to your community? Contact EaselRider@theLEAF.org

FRIDAY

COSTA RICAN WORRY DOLLS

4 - 7pm

EDWIN SALAS

Puppetry Workshop
5 - 6pm

SATURDAY

REACHING FOR SECRET STARS

10am - 1pm

KORG LOOP STATION

WITH SAM IRVIN IV
Workshop
11 - 1pm



LEAF SCHOOLS & STREETS

Burton Street DJs Showcase
1 - 2pm



PERUVIAN PAPER HAND DRUMS

1 - 4pm

NEX MILLEN

Hip Hop Performance
2 - 2:30pm

DJ REDEYE

Caribbean Mix Set
3 - 4pm

PAPER & STICK PUPPETS

4 - 7pm

JUAN HOLIDAY & NEX MILLEN

Dance Set
5 - 6pm

KORG LOOP STATION

Workshop
6 - 7pm

SUNDAY

AFRICAN PAPER NECKLACES

10am - 1pm

DJ REDEYE

Caribbean Mix Set
1 - 2pm

MEXICAN FOLK ART: PAPEL PICADO

1 - 6pm

I-STAR FEAT. NEX MILLEN

Final Festival Jam
3 - 4pm

RAFFLE WINNERS POSTED @ 4pm

LEAF LOVE COMMUNITY MURAL

4 - 7pm

Thank you Partners

ASHEVILLE
Parks & Recreation



CHEAP JOE'S
ART STUFF



Das Auto,
Volkswagen
of Asheville

Harmony
MOTORS

harmoniymotors.us



Audi
Asheville



PORSCHE
Car Center of Asheville

Where German Engineering Meets Southern Hospitality...

maybinMISSION



FAMILY ADVENTURE VILLAGES

"From seeds to sprouts, our children grow up together at this holistic and explorative festival. Our LEAF village sits safely on this incredibly beautiful land-held by the mountains, rooted into the earth, so that we can reach for the stars, and together uplift our lives and community. We make an impactful and wonderful choice by raising our children at LEAF Festival. Thank you for being here with your families!"

~ Cristal Rose Fox, Family Adventure Coordinator & Performing Arts Administrator



SUNSHINE

FRIDAY

NATURE MANDALA CRAFT

4:15 - 5pm

ASHEVILLE FARMSTEAD SCHOOL

Journey Wands
5 - 6pm

ASHEVILLE FARMSTEAD SCHOOL

Andy Goldsworthy Art
6 - 7pm



Costume Tent
Kids Sunshine Stage
Slacklibrium
Waxon Tie Dye
Alnuge Code
Playground

Warren Wilson College Heritage Arts
Earthshine Nature Programs
Fri 4-8pm • Sat 10am-8pm • Sun 10am-4pm

*Sunshine Tent Hosted by
Asheville Farmstead School



SPROUTS

DRUMMING

w/ Larry McDowell
5 - 6pm

MOUNTAIN CIRCUS ARTS

6 - 6:30pm

WOOPETS PUPPETS

6:30 - 7pm

FIRESHOW

Imagine Circus!
Natadas
8 - 8:45pm

WANDERING SWORDSMAN

KIDS TOURNAMENT (\$5)
8:30 - 9pm

BLACKLIGHT NIGHT BRIGADE

IMAGINARY FRIENDS
9:30pm



ELFHAVEN

ELFHAVEN CHILDCARE

FRI 7pm - 1am • SAT 12pm - 2am
SUN 12pm - 5pm
Signups begin at 3pm at Buckeye Lodge. \$7.50/hr per child with sibling discounts.

CYR WHEEL

Tennis Courts Sat 10am-7pm &
Sun 10am-5pm

PAPER ROCKETS W/ TOM HECK

Sat & Sun 11:30am - 1pm

STORYTELLING SARAH

Birch Lodge Fri & Sat 8-9pm

MELODY LULLABYE LEAGUE

Sat & Sat 9-10pm



PUPPETRY VILLAGE

(Across from tennis courts)
Join the fun all weekend!
Stop by to see the full
schedule.

SUNSHINE

SPROUTS



SPROUTS MARKET

Kids can sell handmade crafts. Support our youth artists! \$5/child.
FRI 4 - 7pm • SAT 10am - 7pm • SUN 10am - 3pm

GIANT CHESS

FRI 10am-12pm & 4-6pm • SAT 10am-12pm & 4-6pm • SUN 10am-12pm

WANDERING SWORDSMAN (\$5)

Kids Tournament • FRI 8-9pm
Adult Tournament • SAT 8-9pm

DRAGON FLOAT

FULL CIRCLE FLOW ARTS



PLAYFIELD

~ FRIDAY ~

YOUTH SOCCER

2 - 3pm

ULTIMATE FRISBEE (ALL AGES)

3 - 4pm

COMMUNITY KICKBALL GAME

4:30 - 5:30pm

~ SATURDAY ~

FRISBEE THROWING CLINIC

10 - 11am

COMMUNITY SOCCER GAME

12 - 1pm

ULTIMATE FAMILY DODGEBALL

1 - 2pm

GOALTIMATE GAME

3 - 4pm

FLAG FOOTBALL

4 - 5pm

~ SUNDAY ~

FLAG FOOTBALL

10:30 - 11:30am

COMMUNITY SOCCER GAME

12 - 1pm

SATURDAY

FAMILY YOGA

10 - 10:30am

MASK MAKING W/ VOLANDO MAGNifico

10:30am - 12:30pm (for parade)

ASHEVILLE FARMSTEAD SCHOOL

Nature Bracelets
1:00 - 2pm

PEACE, LOVE, ACTION!

Everyday Acts of Goodness from
A to Z (Ages 8+) 2-3pm

HELIXILEH

Flower of Life Game 3 - 4:00pm

WAXON TIE-DYE

(Material Fee) 4 - 5pm

ASHEVILLE FARMSTEAD SCHOOL

DIY Natural Medicine 5 - 6pm



WOOPETS PUPPETS

10:30 - 11am

DIDGERIDOO WORKSHOP

Kennedy Onself @ 11am - 12pm

IMAGINE CIRCUS! STILTWALKER

12:00 - 12:30pm

KENNY THE CLOWN & FRIENDS

1-1:45pm

REACH FOR THE STARS PARADE

Start at Tennis Courts
SAT 3:30pm



IMAGINE CIRCUS & ZABUMBA

Post-Parade Show 4 - 4:30pm

ASH DEVINE

4:30 - 5pm

DRUM WORKSHOP

Larry McDowell
5 - 6pm

WOOPETS PUPPETS

6 - 6:45pm

LED DANCE PARTY

Full Circle Flow Zone 7-8pm

BLACKLIGHT NIGHT BRIGADE

Imaginary Friends
10pm

SUNDAY

FAMILY YOGA

10 - 10:30am

ASHEVILLE FARMSTEAD SCHOOL

Upcycled Maracas
11am-12pm

HELIXILEH

Flower of Life Game
12pm - 1pm

WAXON TIE-DYE

(Material Fee)
1 - 2pm

ASHEVILLE FARMSTEAD SCHOOL

Wild Foods Walk
2 - 3pm

MOUNTAIN CIRCUS ARTS

10 - 10:30am

STREET CREATURES PUPPETS

11 - 11:30am

DIDGERIDOO WORKSHOP

Kennedy Onself
11am - 12pm

IMAGINE CIRCUS! STILTWALKER

12 - 12:30pm

KENNY THE CLOWN & FRIENDS

1 - 1:45pm

TOYBOX

2 - 2:30pm



HEALING ARTS VILLAGE

"Welcome to the Healing Arts Village a place where community and healing come together! We have workshop offerings that promote healing through movement, self-awareness, personal growth, meditation, sustainable living, healthy communication, and so much more!"

~ Sonya Costello, Healing Arts Coordinator

EARTH TENT

SKY TENT

EARTH SKILLS

FRIDAY

TWIN HEARTS MEDITATION (HEALING ARTS OPENING CEREMONY)

Ursula Lentine
4:30 - 5:30pm

GRATEFUL YOGA

Scott Lawlor
6:00 - 7:00pm

THE ABCS OF LOVE, ASKING, BOUNDARIES, COMMUNICATION & COMPASSION

w/Christine Smith
5 - 6pm

OPENING CACAO CEREMONY

JOJO Silverman & Mason Greenewald
(\$5-\$15 suggested donation)
6 - 8pm

STAND UP PADDLEBOARD YOGA

SAT & SUN 10am w/ Ashley Anne Brown

BOATHOUSE W/ SUPS, CANOES & BELLAYS

DAILY 11 - 5

WATERFRONT & ZIPLINE

DAILY 12 - 5

OUTDOOR ADVENTURES

HIKES W/ BRUCE MULKEY & SHONNIE LAVENDER!

FRI 5pm | FAMILY HIKE SAT 8:30am

NATURES CANVAS: MANDALA HIKE

SAT 11am w/ Tara (Becky) Eschenroeder

***ALL activities begin at BOATHOUSE unless otherwise noted.*

EARTH TENT

SKY TENT

EARTH SKILLS

SATURDAY

FEEL GOOD FLOW YOGA

Kelly Gilmore
10:00 - 11:00am

NATURES CANVAS: MANDALA HIKE

Tara (Becky) Eschenroeder
11am (Meet at Boathouse)

RECLAIMING BEAUTY MOVEMENT CIRCLE

Christine Garvin & Heidi Andersen
11:15am - 12:15pm

FLOW YOGA

Stephanie Keach
11:30 - 12:30pm

RESTORATIVE YOGA W/ DIDGERIDOO MEDITATION

Corey Costanzo & Robin Fann-Costanzo
1:45 - 2:45pm

MODERN DANCE & IMPROVISATION

Rebecca O'Quinn
3:00 - 4:00pm

CONNECT TO YOUR TRUE SELF - KUNDALINI YOGA

Jill Love Phoenix
4:15 - 5:15pm

FREEDOM FLOW: YOGA TO LIVE MUSIC

Tara (Becky) Eschenroeder & Nick Gonnering
5:45 - 7:00pm

REACH FOR STARS, BLESSING & MEDITATION

Ursula Lentine
10:15 - 11:15am

READY TO BECOME A HEALER?

Karl Direske
11:30am - 12:30pm

WILD WORDS

Victoria Rose
12:45 - 1:45pm

QUIET THE MIND CHATTER

Julie Starr
2:00 - 3:00pm

CONSCIOUS CONNECTION: AN AUTHENTICITY WORKSHOP

Sarah Poet
3:15 - 4:15pm

MINDFUL MASCULINITY (FOR ALL GENDER IDENTITIES)

Chris Short
4:30 - 5:30pm



THE 7 SECRETS TO JUN BREWING

Shanti Volpe
10:00 - 11:00am

WOODWORKING W/ HAND TOOLS- BUILD A LIVE EDGE BENCH

Dan Mayer
11:15 - 12:15pm

PENDANT CARVIN

Kirsten Cloutier
12:30 - 1:45pm

PERENNIAL VEGETABLES: LAZY FARMING, FREE PLANTS

Bradley Jones
2:00 - 3:00pm

HERBS FOR STRAINS & SPRAINS

CoreyPine Shane
3:30 - 4:30pm

12-STEP MEETING

FRI & SAT 5pm
(hut behind brookside)

~ RELAX ~

Visit healing arts practitioners
on Handcrafts & Healing Booths page.



Integrative
Family
Medicine
of Asheville, PLLC

SUNDAY

SOULPOWER DANCE

Misa Terral
10:00 - 11:00am

MOVING YOUR BODY IN DIALOGUE

Pat Miller
11:15 - 12:15pm

SLOW FLOW YOGA

Dana Maria
12:30 - 1:30pm

TOGETHERNESS:

COUPLES YOGA & MASSAGE

Cat Matlock & Joshua Hurt-Thomas
1:45 - 2:45pm

RADIANT HEART PUJA

Evalena Rose
10:15 - 11:15am

HAPPY, HEALTHY HORMONES (FOR WOMEN ONLY)

Christine Garvin
11:30 - 12:30pm

RECLAIMING BEAUTY: RECONNECTING TO OUR ORIGINAL MEDICINE

Heidi Andersen
12:45 - 1:45pm

LOVING YOUR INNER CHILD

Kara Kihm
2:00 - 3:00pm

MEDICINAL MUSHROOM WORKSHOP WITH SHORT MUSHROOM WALK

Kevin Krzyzaniak
11:15 - 12:15pm

FALL TREE IDENTIFICATION WALK

Marc Williams
12:30 - 1:30pm



LUMINARY CEREMONY

"LEAF is one of those beautiful places
where I feel them close to me. On
Friday 7:30 pm we will meet at the
Boathouse to release luminaries in
honor of the Loved Ones passed and
watch them illuminate the healing
waters of Lake Eden." ~Lindsay M.

